



## Ground Warrior Competitor Email

*Sent to all registered competitors at 12:15 am on Tuesday, January 21, 2020*

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Thank you for registering for the Ground Warrior Submission Challenge! Please read the information below to ensure a positive competition experience this weekend.

### **CORRECTIONS DUE BY 9 PM**

Please double check all of your information and make corrections before 9 p.m. tonight (Tuesday, January 21, 2020). No changes will be made the day of the event. All updates and corrections must be made online. Simply click the link below to log in to RegFox with the email you used when registering to review your information and make any necessary updates.

[Manage My Account](#)

### **OVERWEIGHT = DISQUALIFICATION**

Competitors will have only one opportunity to make weight. Weigh ins take place right before you step on the mat to compete. If you compete in Gi and No-gi, you will weigh in separately for each. If in doubt, move to the higher weight division. Disqualification is non-refundable. Absolutely no changes will be made the day of the event.

Parents: Your child has likely grown since you registered them. We cannot stress enough the importance of double checking your child's weight right now with their full competition uniform so that you can make any necessary corrections to their weight division before 9 p.m. tonight.

[For more on weight requirements, see the email that was sent to all registered competitors on January 19.](#)

### **DOUBLE CHECK TEAM NAME**

Make sure your team name is listed correctly for the scoring of team points. Double check with your coach if you are unsure how to list team.

### **REVIEW THE RULES**

Next, take the time to review the rules, uniform guidelines, and final schedule (available Thursday), and remind your coach to register by Thursday at [subleague.com](http://subleague.com).

If you have questions, please contact Registration Manager Tracy Chapman at [tracy@subleague.com](mailto:tracy@subleague.com).

Thank you again for participating in the Ground Warrior Submission Challenge. We look forward to seeing you this weekend at Portland Community College - Sylvania Campus!