



Ground Warrior Competitor Email

Sent to all registered competitors at 8:20 pm on Wednesday, January 21, 2020

We are excited to see you this weekend at the Ground Warrior Submission Challenge! Below are a few more reminders to help ensure a positive competition experience this weekend.

WHAT TO WEAR

Do you have pockets in your grappling shorts? Sew them up now! Pockets, zippers, loops and other potential hangups are not allowed on your competition attire.

Do you have a unique colored gi? Please save it for training. Only white, royal blue, black and pink gis are allowed for all competitors. Read more on uniform requirements in the Competition Attire and Hygiene section of the [Competition Rules](#).

WHERE TO GO

The tournament will be held in the Gymnasium on the second floor of the Health and Technology (HT) Building at Portland Community College's Sylvania Campus. The address is 12000 SW 49th Avenue, Portland, OR 97219. [See in Google Maps](#).

There is parking on the north side of the HT Building. Parking is free on Saturday and Sunday.

WHEN TO ARRIVE

Adult and Masters will compete on Saturday, January 25; Youth and Juniors will compete on Sunday, January 26.

Competitors are expected to report to the bullpen and be ready to compete at the times listed. We recommend arriving about 1-hour before your start time to allow time for parking, check-in and warm-up. Competitors not present for weigh-ins will be disqualified. Times listed are the earliest a division will be called. These times do not necessarily reflect the actual start time; some brackets may start 30-45 minutes past the stated start time of the division. [View the full schedule](#).

KNOW THE RULES

Review all the [Competition Rules](#) now. Pay special attention to the Allowed and Disallowed Holds and Takedowns, Illegal Techniques, Youth Safety, and Referee Command sections.

QUESTIONS & CHANGES

If you have questions, please contact Registration Manager Tracy Chapman at tracy@subleague.com. If you have a last minute change to your registration, please contact Bracketing Manager Andy Wong at andrew@subleague.com.

Thank you again for participating in the Ground Warrior Submission Challenge. We look forward to seeing you this weekend at Portland Community College - Sylvania Campus!